



# 5 Questions That Will Change Your Life!

## 1. Who am I?

This is not who biology, or society, or your circumstances has forced you to become. Who are you at your very core? (a creative, an analyzer, a motivator, a laborer, a giver?)



## 2. Where am I and why am I here?

What decisions led you to your current position or state? Is this position or state moving you toward your ultimate goal?

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3. What would I be doing if money were no object?

What is something you could get up and do every day, and look forward to doing, not just coping with what you're dealt?



4. Who are my allies and how can they help?

\*Success results from either who you know or what you can prove you know!

Identify key players in your life, who can guide you, train you, and/or offer connections to opportunities.

\*Changing your scripts can change your life!

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5. What is ONE thing I can do today and/or every day to move toward my goal?

\*research training opportunities

\*network with someone in particular

\*organize your day, schedule appointments to make things happen!

A goal without  
a plan is merely  
a dream!